

Module 6 Training Need Analysis

The RRN standards set out a requirement that all development of a curriculum is based on a training needs analysis (TNA) which must be completed with the commissioning organisation before the curriculum is developed and delivered. This module will focus on learners developing the skills to be able to take account of elevated risks to populations and individuals. Consideration of how an agreement can be reached between the training commissioner and the training provider about how the information needed to support this process is transferred from one to the other. The module will explore how information is received as part of the TNA. This will include any population or person-specific characteristics for people who are likely to be in receipt of restrictive interventions by the staff undergoing training.



Teaching and Assessment Methodology

- The PETMA © Programme is delivered over 35 hours with highly experienced tutors to develop teaching and instruction skills.
- Learners are provided with personal tutorial support for the duration.
- Assignments are completed throughout the programme and submitted to tutor for marking.
- A broad range of assessment methods is employed across the modules to determine learners' knowledge and understanding of the theoretical and practical components of the course, including oral presentations and physical skills demonstrations.
- Learners are provided with continuous feedback throughout the course in order to guide them towards success

Eligibility Level 1

- RNID / SCW with at least 3 years' post graduate experience.
- Duration of Programme
- This programme is 35 hours in total.
- Please note this programme prepares learners to teach our 2-day PETMA programme. Level 2 allows to teach the 4-day PETMA programme.

Irish National Institute for Intellectual Disability Studies



Professional Ethical Therapeutic Management of Aggression (PETMA©) Train the Trainer Programme – Level 1



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NMBI Approved Category 1 Programme 35 CEU's and Endorsed by Social Care Ireland which will enable Organisations to operate as affiliates with Associate Trainers delivering PETMA© BILD and RRN Certified Programmes



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PETMA© Train the Trainer Course

The Irish National Institute of Intellectual Disability Studies are pleased to introduce PETMA© Instructor Certificate Course designed exclusively for the Irish Health & Social Care Services. This course is BILD Certified and Restraint Reduction Network Accredited.

Having previously delivered PMAV the NIIDS are now the sole developers and licence holders for PETMA© which they have been delivering for the past 7 years. PETMA© Programme content is designed exclusively for the Irish Health & Social Care services and reflects the values, attitudes and knowledge of the following:

- NDA 2020 "Rights Based Approach to Behavioural Support - Guiding Principles (National Disability Services Quality Improvement Office.)
- HIQA 2019 Guidance on promoting a care environment that is free from restrictive practice Disability Services
- 2018 UN Convention on the Rights of Persons with Disabilities (CRPD) 2015 Assisted Decision Making Act
- Department of Health 2014 Positive and Proactive Care: reducing the need for restrictive interventions.
- HIQA 2013 Residential Standards for Disability Settings and SI 367.
- HIQA Human Rights Based Approach document.

Structure of the Programme

The programme is divided into 6 modules delivered over 3 months.

- Module 1: Foundation PETMA© programme
- Module 2: De-escalation Skills
- Module 3: Decision Making in the Use Of Restrictive Practices
- Module 4: Disengagement Skills / Physical Intervention Skills
- Module 5: Teaching and Assessing
- Module 6: Practicum – Portfolio Development



Module 1: Foundation PETMA © programme

This module provides learners with a human rights based approach to supporting people who may engage in behaviours of concern from time to time. It will provide learners with the skills, competency, knowledge and attitudes to prevent, predict, assess, engage and manage risks associated with behaviours of concern. It provides learners with a range of highly useable practical skills and tools to develop positive support.

Module 2: De-escalation Skills

This module explores in depth a range of best practice responses to support a person to come to a calmer state. Empathy, compassion respect, non-verbal, para-verbal communication strategies, preventative strategies and a good understanding of the impact of trauma informed care are the tools developed in this module.



Module 3: Decision to use restrictive practice

This module explores the Irish legal, regulatory, ethical and professional issues relevant to supporting people whose behaviour may pose a risk to themselves or others. It prepares learners to develop a skill set which can be utilised in practice to support the implementation of interventions which provide an appropriate balance between safety and human rights approaches.

In particular it will examine the relationship between Positive Behaviour Support planning, risk assessment, least restrictive practice, and physical intervention risk reduction planning. This module will also, help learners to develop a greater understanding of debriefing and the use of data-driven interventions.



Module 4: Disengagement Skills / Physical Intervention Skills



PETMA© provides a suite of physical skills designed to manage the risks associated with actual or potential verbal or physically distressful behaviour.

All techniques are designed to respect the individual in distress whilst meeting the needs of staff working in care settings with vulnerable clients. The skills are graded to equip staff with an appropriate level of response using the least restrictive intervention when the clients behaviour is at risk to either themselves or others.

Module 5: Teaching and Assessing

This module award is to equip the learner with the knowledge, skill and competence to deliver, assess and evaluate the 3 day foundation PETMA© programme.

